Directions

My address is 2211 Norfolk, Suite 140, 77098. The building is at the intersection of Greenbriar and Norfolk - the Greenbriar Post Office is across the street on the north side of Norfolk, the Academy is just to the west. The visitor parking entrance is "in the middle" where the building and garage are attached. Parking is free.

The suite is on the opposite end of the building from the parking. When you enter the building from the garage, walk past the bank lobby, past the foyer where the elevators to the upper floors are and go down the hallway where the building directory is mounted on the wall. You will dead end into our suite.

When you come into the waiting room, just off to your left is a door to the interior offices. There are toggle switches by the door. Flip the switch by "Office C" and take a seat. That switch turns on a light in my office so I know you have arrived and I will come out to get you.

Cancellation Policy

Please take special care to read the cancellation fee policy which is detailed in the section "Advance Notice for Appointment Cancellation Policy." It is standard in mental health to charge the patient for the **entire fee** (insurance portion + patient co-pay) for not canceling appointments within 24 hours of the appointment. This is because the business model for mental health is "selling consultation within a set time" and once time has passed, it cannot be offered for sale again.

Financial Policy

I am able to accept cash, mobile transfers directly from online banks or paper checks for payment. I do not have credit card, debit card or health savings debit card services. If you are using insurance benefits for services, please contact your insurance company prior to the first appointment to find out what your deductible may be and what your copay is so that there is not any confusion about what your payments should be. If you have insurance, I will file claims for you. If you need reimbursement from a high-deductible health savings account, please pay me the entire fee and I will generate a receipt for you to turn in to your health savings account for reimbursement.